



CUYAHOGA HEIGHTS SCHOOL DISTRICT

DISCOVER YOUR NEW HEIGHTS

TOM TALKS | April 1, 2020



CHECKING IN...

I hope you are all staying healthy and taking advantage of this time together to bond, enjoy one another, and make lasting memories.

While this is a difficult time for all of us, I hope the one thing we can take away from this is that we had time to connect, reflect, and strengthen our families.

INFORMATION FOR SENIORS | The scholarship deadline has been extended to **April 15th**. PLEASE DO NOT HESITATE TO APPLY. You can view all of the available scholarships, requirements, and applications [by CLICKING HERE](#).

Now that the school closure has been extended to May 1st, we realize that the Governor could keep schools closed even later this school year. We simply don't know at this point. But we are doing everything in our power to still provide our seniors with meaningful activities in their final year here in Cuyahoga Heights. Once we have a clearer picture of when the stay-at-home order will be lifted, we will communicate the when, where and how for senior activities to take place. **We will do everything in our power to see you have a graduation ceremony and the end of the year activities that you all deserve.**

GET OUT AND GET ACTIVE | Now is not the time to be a couch potato. Mr. Robinson, Mr. Nejman and Big Red (Mr. Kovitch) have created the Redskin Nation Run Club. You can take part by downloading the STRAVA app for free and search for the Redskin Nation Run Club and request to join. One of the moderators will allow you entry and you can get started with staying fit through this crisis.

BUILDING HOURS | This week the building will be open to students on **Thursday from 10:00am-2:00pm**. Students can come to

my office in the high school if you need to sign out a Chromebook and can pick up materials from teachers in the respective gyms as needed.

PARENTS | Thank you for all of your hard work throughout this crisis and somehow still finding a way to help your children prioritize their school work. We know it is not easy to balance work, home and family needs all at once, while remaining calm for your children. If at all possible, please try to keep your student on a schedule by setting aside time for schoolwork, downtime and some type of physical activity. Self care is critical at this time.

HELP IS AVAILABLE | Please remember if you have any questions or need assistance in any way - including meals - please contact us at info@cuyhts.org and someone will respond to you within 24 hours. All contacts are kept anonymous, and food is delivered each Wednesday.

We know that our students are missing their classmates, but it is critical that they adhere to the Governor's social distancing mandate. Please practice safe interactions from home by getting together through Google Meets or Zoom rather than in person. Before we know it we'll all be back together again.

In the meantime: STAY SAFE AND GO REDSKINS!!!!!!!

Thanks,

Tom

Stay Connected with the Cuyahoga Heights Schools!



Cuyahoga Heights Schools | 216-429-5700 | 216-341-3737 | www.cuyhts.org